

Astrological Determinants of Diabetes: A Study of Planetary Influences and Bhava Connections

Karuppusamy R¹

FT Research Scholar, Department of Astrology, VISTAS, Chennai, Tamilnadu, India

Email: kr.swamyindastro@gmail.com

Dr. K. Jothimani*,

Research Guide, Associate Professor & HOD,
Department of Astrology, VISTAS, Chennai, Tamilnadu, India

Email: hodastrology@gmail.com.

Abstract:

This research paper examined the astrological factors associated with the occurrence of diabetes by analyzing the planetary influences of Jupiter, Venus, Saturn, and the 6th and 8th bhavas. Diabetes, a chronic metabolic disorder, is considered in this investigation through the lens of traditional astrological principles, with particular emphasis on the karakathwa (significations) of key planets governing vital organs in human system. Six astrological rules were formulated to identify combinations that may indicate diabetic tendencies in a natal chart. These rules focussed on the connections of Jupiter and Venus to the 6th and 8th bhavas, the involvement of Saturn as the significator of chronic disease, and the placement of planets in watery signs. Using multiple example horoscopes, this study evaluated these rules and presented a comparative analysis demonstrating recurring planetary patterns among diabetic individuals. The findings suggest that when Jupiter and Venus are linked with Saturn and positioned in or connected to the 6th and 8th bhavas, the likelihood of diabetes increases, aligning with traditional astrological interpretations. This study also highlighted relevance for selecting Siddha remedies based on planetary periods (dasa-bhukti) influencing health outcomes.

Key Words: *Diabetes, Siddha, Jupiter, Venus, Saturn and 6th and 8th Bhava*

Introduction:

Diabetes mellitus has become a common and steadily increasing health problem worldwide, particularly in India. It is a chronic metabolic disorder characterized by elevated blood sugar levels resulting from the body's inability to produce sufficient insulin or effectively utilize the insulin it produces. Insulin, a hormone secreted by the pancreas, is essential for transporting glucose into cells to generate energy. When insulin is inadequate or when cells become resistant to its action, glucose accumulates in the bloodstream, leading to persistent hyperglycemia. Over time, this condition can result in serious complications affecting major organs such as the heart, eyes, nerves, and kidneys.

There are several types of diabetes :

Type I Diabetes is an autoimmune condition in which the immune system destroys the insulin-producing cells of the pancreas.

Type II Diabetes, the most common form, occurs when the body produces insufficient insulin or becomes resistant to its effects. It is closely linked to genetics, lifestyle factors, and obesity.

Gestational Diabetes: appears in some women during pregnancy and typically resolves after childbirth.

This study explores the correlation between diabetes and planetary influences as interpreted through traditional astrology. According to classical astrological principles, Jupiter and Venus rule

organs such as the liver, spleen, pancreas, and hormonal systems, while Saturn governs chronic diseases. Therefore, any connection between Jupiter or Venus with Saturn, and with the 6th or 8th bhavas—both houses associated with illness and chronic conditions—may indicate a predisposition to diabetes.

The karakathwa (significations) of each planet provides further insight into their role in health and disease (Table).

| S.No. | Planet | Karakathwa |
|-------|--------------|---|
| 1. | Sun | Athma, Head, Nethram (Eyes), Pittham, Fever, Genetics |
| 2. | Moon | Mind, Body, Water, Salt, Uterus |
| 3. | Mars | Blood related Disease, Bone marrow, Kidney, Anemia, Injury, Heat disease., Piles, Esophagus |
| 4. | Mercury | Respiratory disease, Nerves, Paralysis, Heterocil, ENT problem |
| 5. | Venus | Diabetes, Uterus, Ulcer, Sexual disease, Skin, Semon, ENT |
| 6. | Jupiter | Diabetes, Liver, Pancreas, Spleen, Sperm, Fat, Kabavatham, Gas trouble, Digestive, |
| 7. | Saturn | Indigestion, Chronic disease, Handicapped, Paralysis, memory loss |
| 8. | Rahu & Kethu | Mind related, Skin, Virus, Contaminated disease, Poison, Cancer, Acidity, Skin diseses |

In this study, following six hypothesis-based astrological rules are formulated to examine how specific planetary alignments may contribute to the onset of diabetes in an individual's horoscope.

Rule No.1: Jupiter and Venus anyway connected with 6th and 8th bhavas

Rule No.2: Saturn, Sun and Venus anyway connected with 5th bhava

Rule No.3: Saturn and Mars anyway connected with 2- 6-10th bhavas

Rule No.4: 6th and 8th Lords anyway connected with Malefic planets

Rule No.5: Jupiter and Venus anyway connected with Saturn

Rule No.6: Mars, Moon and Mercury any way connected with Watery signs (Cancer-Scorpio-Pisces)

These rules are then tested using collected charts of diabetic individuals, followed by a comparative analysis. Through this approach, the study aims to identify consistent astrological patterns associated with diabetes and to recommend appropriate Siddha medicines tailored to the native's planetary periods (dasa–bhukti).

Example Charts:

| |
|----------------------------------|
| Example Chart No: 01 |
| Date of Birth: 10.09.1978 |
| Time of Birth: 18.05 |
| Place of Birth : P.Velur |

| | | | |
|--------------|-------------|----------------------|-------------------------------|
| Kethu | | | |
| Lag. | RASI | | Jup |
| | | | Sun, Merc, Sat |
| | Moon | Mars, Ven | Rahu |

| | | | |
|----------------------|----------------|-------------|--------------|
| Lag. Moon | | | Merc |
| Rahu | NAVAMSA | | Sat |
| | | | Kethu |
| Ven | Sun | Mars | Jup |

In this horoscope Kumbha lagna, native is in diabetic patient, as per the Rule No.1 Jupiter position in 6th bhava, Venus is in Swathi (Rahu) Star, Rahu is connected with 8th bhava. As per rule No.6 Jupiter in Cancer (Saturn Star), Depilated Moon in Scorpio and Kethu in Pisces (Saturn star)

star)

| | | | | | | | | |
|---------------------------|------|--------------|----------------------|--|------|---------|------|-----------------------|
| Example Chart No: 02 | | | | | | | | |
| Date of Birth: 11.09.1978 | | | | | | | | |
| Time of Birth: 21.05 | | | | | | | | |
| Place of Birth : P.Velur | | | | | | | | |
| | | | | | | | | |
| | | | | | | | | |
| Kethu | Lag. | | | | | | | Merc |
| | RASI | | Jup | | Rahu | NAVAMSA | | Sat |
| | | | Sun, Merc, Sat | | Ven | | | Lag. Kethu Moon |
| Moon | | Mars, Ven | Rahu | | | Sun | Mars | Jup |

In this horoscope Meshalagna, native is in diabetic patient, as per the Rule No.2 Sun, Saturn and Venus Position in 5th bhava and connected with 5th bhava. As per rule No.4, 6th lord Mercury connected with Kethu and Saturn

| | | | | | | | |
|----------------------------------|--|--|--|--|--|--|--|
| Example Chart No: 03 | | | | | | | |
| Date of Birth: 17.11.1971 | | | | | | | |
| Time of Birth: 18.05 | | | | | | | |
| Place of Birth : Namakkal | | | | | | | |
| | | | | | | | |

| | | | |
|-------------|--|-----------------|--------------|
| | | Lag. Sat | |
| | RASI | | Kethu |
| Rahu | | | |
| | Sun, Merc, Jup, Ven | Moon | |

| | | | |
|--------------------------------|----------------|----------------------|------------|
| | Sat | Moon Rahu | |
| Lag. | NAVAMSA | | Sun |
| Mars, Merc, Ven | | | |
| Jup | Kethu | Mars | |

In this horoscope Rishabalagna, native is in diabetic patient , as per the Rule No.3 Saturn is in lagna connected with Moon, Mars is connected with 10th bhava. As per rule No.5, Jupiter, Mercury and Venus in Scorpio and connected with Saturn (Aspect). As per rule No.6, Jupiter, Mercury and Venus in Scorpio

| |
|---------------------------------|
| Example Chart No: 04 |
| Date of Birth: 02.2.1969 |
| Time of Birth: 05.05 |
| Place of Birth : Salem |

| | | | |
|-------------------------------|-------------|-------------|-----------------------|
| Sat, Ven, Rahu | | | |
| | RASI | | Moon |
| Sun, Merc | | | |
| Lag | | Mars | Jup, Kethu |

| | | | |
|-----------------------|----------------------|-------------|-------------|
| Sat, Kethu | Jup, Merc | Mars | Sun |
| | NAVAMSA | | |
| | | | Ven |
| | Lag | Moon | Rahu |

In this horoscope Dhanuslagna, native is in diabetic patient , as per the Rule No.4, 6th lord Venus is connected with malefic planets. Saturn, Rahu and 8th lord Moon is connected with Saturn.

| |
|--|
| Example Chart No: 05 |
| Date of Birth: 02.2.1969 |
| Time of Birth: 11.00 |
| Place of Birth : Sendhamangalam |

| | | | |
|-------------------------------|-------------|-------------|-----------------------|
| Sat, Ven, Rahu | Lag | | |
| | RASI | | Moon |
| Sun, Merc | | | |
| | | Mars | Jup, Kethu |

| | | | |
|-----------------------|----------------------|---------------------|-------------|
| Sat, Kethu | Jup, Merc | Lag Mars | Sun |
| | NAVAMSA | | |
| | | | Ven |
| | | Moon | Rahu |

In this horoscope, Dhanuslagna, native is in diabetic patient, as per the Rule No.5, Jupiter is posited in 6th bhava and Venus is connected with Saturn.

| |
|----------------------------------|
| Example Chart No: 06 |
| Date of Birth: 17.11.1971 |
| Time of Birth: 23.05 |
| Place of Birth : Karur |

| | | | |
|-------------|--|-------------|-----------------------|
| | | Sat | |
| | RASI | | Lag. Kethu |
| Rahu | | | |
| | Sun, Merc, Jup, Ven | Moon | |

| | | | |
|--------------------------------|------------------------|----------------------|------------|
| | Sat | Moon Rahu | |
| | NAVAMSA | | Sun |
| Mars, Merc, Ven | | | |
| Jup | Lagna Kethu | Mars | |

In this horoscope Rishabalagna, native is in diabetic patient, as per the Rule No.6, Jupiter, Mercury and Venus in Scorpio and connected with Saturn (Aspect). As per the Rule No.3, 2nd, 6th, 10th lords Sun, Jupiter, Mars connected with Saturn and Mars. As per rule No.5, Jupiter and Venus is connected with Saturn.

Conclusion:

This research work examined the astrological factors associated with the onset of diabetes by analyzing the planetary influences of Jupiter, Venus, Saturn, and the 6th and 8th bhavas across multiple natal charts. The six hypothesis-based rules formulated for this investigation consistently revealed strong correlations between diabetic conditions and specific planetary combinations. In particular, this study highlighted that when Jupiter and Venus—both signifiers of the pancreas, endocrine functions, and metabolic processes—are connected with Saturn, the primary signifier of chronic diseases, the likelihood of diabetes increases significantly. These connections become more influential when they occur in or are associated with the 6th and 8th bhavas, which traditionally denote disease, obstacles, and

long-term health issues. The comparative analysis of example charts further validated these findings, showing repetitive patterns such as Jupiter or Venus occupying disease-related houses, malefic influences on the 6th and 8th lords, and the placement of major planets in watery signs. These astrological configurations appear consistently among diabetic individuals, supporting the proposed rules.

Overall, this investigation confirmed that the interplay between Jupiter, Venus, Saturn, and disease-related bhavas plays a significant role in indicating diabetic tendencies in traditional astrology. The study also underlined the practical application of these findings in selecting appropriate Siddha treatments based on planetary periods (dasa–bhukti), thereby offering a holistic approach that integrates astrological diagnosis with traditional healing practices.

References:

1. Brihatjathaka by Varahamihira, Giri Trading, Chennai-4
2. Medical Astrology by Gopalakrishnan, GK publications, Tiruppur, 2020 Edition
3. Siddha Maruthuvam by Tamil Valarchi Kalagam, Chennai, 2007 Edition.

License



This work is licensed under a [Creative Commons Attribution 4.0 International License](https://creativecommons.org/licenses/by/4.0/).

Authors who publish with International Journal of [Aathiyoga Indian Journal of Ancient Medicine and Yoga](https://www.aathiyoga.in) Online agree to the following terms: Authors retain the copyright and grant the journal non-exclusive publishing rights with the article simultaneously licensed under a Creative Commons CC-BY license that allows others to share the work with an acknowledgement of the work's authorship and initial publication in this journal.