

Five Duties of Women According to Vethathiri Maharishi

Dr.S.Maheswari,

*Assistant Professor, Department of Human Excellence, Nallamuthu Gounder Mahalingam College,
Pollachi.*

Abstract:

Vethathiri Maharishi, a spiritual leader and founder of the World Community Service Center (WCSC), emphasized the importance of leading a balanced and harmonious life. He outlined duties and responsibilities for men and women to foster a peaceful family, society, and world. For women, his teachings focus on self-realization, empowerment, and nurturing societal harmony. Here are five duties of women according to Vethathiri Maharishi: Women who work achieve self-sufficiency, gaining the freedom to fulfill their needs independently. Simultaneously, the importance of men achieving their own material and personal goals has also become apparent. This sense of empowerment allows working women to cultivate courage and positively impact others through their endeavors. Furthermore, society acknowledges their significant contribution to strengthening the family's financial foundation. When we commit to society, we understand that our work serves both our families and the greater good. It is crucial, therefore, that our efforts do not lead to individual or familial suffering; rather, we must strive for balance, recognizing that a healthy family and society are interconnected. This holistic approach is grounded in Vethathiri Maharishi's philosophy, which emphasizes the interconnectedness of personal development, family well-being, and the overall welfare of society.

Keywords: Five Duties, harmonious life, Vethathiri Maharishi, WCSC

Introduction

If we take it as life, then there are things that count for it. Are required. Only then will it be fulfilled. Every day we are. All the things being used cannot be produced by one person. It is because of the work of people in the society that we are getting and enjoying them. Therefore, each of us owes to the community; the community's wealth includes the individual's wealth. Likewise, the welfare of the community can be achieved only when the individual realizes his duty to the community.

"Debt is good for the one who knows and takes credit" (Kural - 981)

Therefore, if everyone, in his own position, takes care of whatever duties he has to perform during the season, it will not only benefit him, but also his family, neighborhood, town, and the world, and everyone will have a prosperous and fulfilling life in the world.

There are five types of duties; each person has these five types of duties namely family, neighborhood, village and world. We have been raised by father and mother. We have acquired their qualities. Thus everyone is born and lives in this world and then dies.

This has been going on since the beginning of time, not only now but it will always be going on. If a person's life is to be full, he must have the best qualities of life.

1.Individual

Taking care of yourself is taking care of your body. Is acquiring knowledge selfish? A question may arise. This body made by this community without selfishness, and the knowledge developed

by it, both the community's treasure is the community's property.

So protecting the body means protecting the property of the community. If you keep your body and mind in good order, your charity will reach the world: good faith. On the other hand, if you get sick, it is a disaster for the community. Because you are sick. Your activity is decreasing. After that, it is the responsibility of the community to help you overcome your illness.

What is other than community service to get rid of these two losses and to be able to give prosperity to the community at all times? If it is self-interest, then self-interest includes the interest of others, doesn't it? Women should fulfill their own needs. It is an undeniable fact that a woman should be healthy for a healthy society to be born. It is necessary for every woman to have a healthy diet, to be educated with a good attitude, to take care of her in order to give priority to women's safety and to serve the society.

Self-Realization and Spiritual Development

Women should focus on personal growth and spiritual practices like meditation and introspection to achieve self-awareness and inner peace. This spiritual foundation enables them to contribute positively to their families and society.

Maintaining Health and Discipline

Women have a critical role in maintaining their physical and mental well-being through proper diet, exercise, and a disciplined lifestyle. This ensures they are capable of fulfilling their responsibilities effectively.

2. Family

Family is the one who got us, father, spouse, children, are they? They say that there is no better temple than the one who sacrifices all his interests for the sake of our mother, who carries us ten months in the womb and receives us with the utmost care and care.

Our progress is the goal of the person who worked and improved his health regardless of his health.

"Illazhvan is a good stand for all three of nature" (Kural 41).

A nun told a sage about her problem. That means that mother has three children. When will the day be freed from this samsarabandha? Instead of serving the society and getting the Lord's grace through it, they are keeping these children in mourning. Bharathidasan has mentioned in his song that women are responsible for everything in the house, so there are many family duties.

"Slept soundly Enthusiasm and dynamism

Young Lady Raise both hands when you wake up.

(Family Lamp! Morning Bloomed) sang that, It is considered a woman's duty to do the necessary work and feed the people in the house.

Educating and Guiding the Family

As the central figure in the family, women are seen as key nurturers and educators of children. They should instill moral values, emotional intelligence, and discipline in their children to shape them into responsible individuals.

3. Circumference

We are not the only ones born poor. This opportunity is only available to a few. In most of the

families there are conditions where brothers, sisters and brothers can be born and grow up and live separately. However, the brothers and sisters are separated. If they are good then we will be good. If he suffers, he should not deviate from his duty to those who give us happiness.

Always be friendly with them. Only then will our life be happy. We call the beauty and prosperity of God. We call an area with many families as a village. People's actions are based on forgetting that there is such a thing as town and that there is only one thing that is community.

Only if all the people in the town get all the benefits, at least the basic ones, they can live freely. We fulfill our daily needs only with a peaceful and livable community. Then we got this information. If wealth has come, whatever efforts we make individually, most of them depend on the community. So let's improve the welfare of society. Through it, our descendants will get prosperity. The duty of women to their close relatives can be said to be love, hospitality, feeding, respect etc., feeding is based on the culture of hospitality. From this it can be understood that housewives have a duty to welcome relatives who may come to their home, give them the food they need and show them love.

Promoting Love and Harmony in Relationships

Women are encouraged to cultivate love, patience, and understanding in their relationships, serving as the foundation of familial and societal harmony. Their compassion and wisdom help resolve conflicts and create a peaceful environment.

4. Town

We call an area where there are many families as a village. People's actions are based on forgetting that there is such a thing as town and that there is only one thing that is community. Only if all the people in the town get all the benefits, at least the basic ones, they can live freely. Can live peacefully.

It is through community that we fulfill whatever our daily needs are. Then we got this information. If wealth has come, whatever efforts we make individually, most of them depend on the community. So let's improve the welfare of society. Through it, our descendants will get prosperity. Women should do their duty in such a way as to bring pride to the town where they were born. Only by women can public service extend beyond themselves and their families. Bharatiyar has mentioned these as the yoga of working for the village.

Contributing to Societal Welfare

Beyond their family roles, women should actively participate in community service and social initiatives. Using their talents and skills for the betterment of society aligns with Maharishi's vision of a harmonious world.

5. World

If the world had all the resources then all the countries in it would be able to live in peace and the people living in one city were living in a state where they couldn't see the other. Now the world has shrunk.

"Nowadays we have to go to every country to work, but today's scientific world has become full of dangers. Therefore, people should be made aware of the fact that all are brothers and should not cause harm to one another.

If we respect Punkundranar's voice that everyone will learn, this world will be blessed. Whatever discovery happens in the world where all the people of the world can live in a higher state where one can feel the needs of others and alleviate the suffering of all, it is not right to stop it from being given to the rest of the world, it will lead to disrupting the prosperity and peace of the world.

So let us expand our mind by taking the teachings given to us by Vethathiri Maharishi. A sense of duty to society is essential, on the one hand, because it is not only borrowing and repaying; what will become of the society if such a mindset is created by drought itself?

These women are born as women of achievement and their achievements will be admired by the world and will bring pride to the land and the country.

Through this article, it can be learned that women should protect their physical and mental resources, do family work, obey their relatives and become people who can be admired by the world in order to bring pride to the town and country where they were born. In every period women need to protect their physical health and mental resources to perform their duties properly.

Conclusion

Working women are able to fulfill their own needs without relying on others. Net materialization for men has become the most need of today's times. Women who can be in this situation get the courage to be brave. You can also help others while earning income through business. Today's society sees women as having the greatest responsibility and duty to take the family economy to the next level. If I make a commitment to society. We don't care; I work for the family as well as for the society. If a man passes away after working night and day, he and the family will suffer. Without all these things, it is duty to act with awareness that one thing does not harm the other. These principles are rooted in Vethathiri Maharishi's holistic philosophy, emphasizing the interconnectedness of personal growth, family harmony, and societal welfare.

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